

**Not knowing  
your **man**  
is  
HIV **positive**.**

**Or that **you** are.**

**Did you know that  
6 out of every 10 people  
diagnosed with HIV  
in Houston/Harris County  
are African American?**

**Do the right thing.  
Get tested.  
Call **281-HIV-INFO**.**

**What's **worse**  
than a  
**bad** hair day?**







# The **new** faces of **HIV** in Houston



**We look just like you, but you  
don't have to be like us.**

**HIV is 100% preventable.**

*"I thought I was in a monogamous relationship. My man didn't. Today, because I didn't protect myself, I'm one of the new faces of HIV. Protect yourself. Get tested."*

*"Why are there so many new cases of HIV in the black community? Because we're not talking about it. Break the silence. The facts are there. Let's talk."*

*"Don't wait until you start to get sick. Get tested today."*

## **Are you at risk?**

If you've had unprotected sex or have ever shared a needle, you're at risk.

## **What is HIV?**

HIV is a virus that destroys your immune system. It kills off the cells that help your body fight off infection and disease.

## **What is AIDS?**

AIDS is the condition you get when HIV has destroyed your immune system. With a weakened immune system, you can't fight off infection and disease. A common cold could make you very sick.

## **If I'm going to die from it anyway, why should I know if I have HIV?**

Early diagnosis and treatment of HIV can mean the difference between life and death. People with HIV are living longer and better lives with help from drug treatments, proper nutrition and health education. Early HIV testing and medical care are key in providing HIV-positive people with the resources for maintaining long-term health.

## **Testing is confidential.**

Many people with HIV still feel healthy. The only way to know for sure if you have HIV is to get tested.

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**(281-448-4636)**



Houston Department of  
Health and Human Services





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Harris County  
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